



TORBAY HOSPITAL
League of Friends
Helping to care...



70th

Celebrate our 70th Anniversary with a Cream Tea

In 1954 the Torbay Hospital League of Friends was formed to raise funds to supply equipment and other items that will assist the patients care.

Join us on Thursday 25th April 2024 from 2:30pm, at the Livermead Cliff Hotel, where the League will be holding their Annual General Meeting, followed by a delicious cream tea.

The event is **Free for our members** and just **£7.50** for non-members and guests.

If you would like to attend, let us know of your attendance directly to Philip White on **pfvwhite@gmail.com** or **07747742009**

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TRAVICE (TREVOR) BROWN 1935-2024



It is with great sorrow that we have to report the sad passing of Trevor after a short illness bravely born.

He had been a trustee of the League for many years and was honoured with a Vice Presidency for his work promoting the League. **Always helpful, Trevor was always there to volunteer,** arranging equipment for events, selling draw tickets, collecting donations boxes and banking the proceeds.

A true gentleman.

With Special Thanks

We would like to thank all of you who have contributed to making the Torbay Hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

We have over 250 members who give us valuable support throughout the year.

Designed and Printed by
www.frankman.co.uk

Edited by - Dave Rogers,
Kathryn Westaway,
Patricia Roberts

When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of

Torbay Hospital League of Friends.

Visit our website at

www.thlof.co.uk



PRESIDENTS AND CHAIRMAN MESSAGE



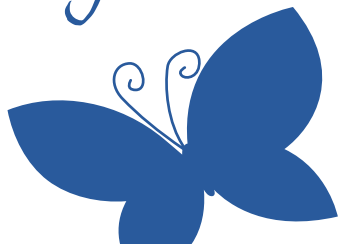
Chairman Message

Spring has finally arrived, and we are looking forward to celebrating the 70th anniversary of the League of Friends.

I pause for a moment to remember our dear friend and League member, Trevor Brown, who passed away recently. What a legacy he has left us. He will always be remembered by the people that had the pleasure of working with him.

I trust that 2024 will be as successful as last year, and we will continue to supply the hospital with equipment that improves patient care..

*Kathryn
Westaway*



Presidents Message

It is a pleasure and a privilege for me to be able to say that I have been involved with The Torbay Hospital League of Friends for 62 years and now we are in our 70th year!

I have always been keen to get local communities involved and, through our events and local support and generosity, almost **£22 million has been donated to our local hospital.** It has, and still is, making a difference and helps the hospital through difficult times.

As you may know, 95% of every £1 donated goes straight into our charity account. We do not put money into buildings but into equipment which makes the hospital a better place for staff and patients. Please continue to support us. Anyone who has been an in-patient or an outpatient will have benefited from equipment provided by The Torbay Hospital League of Friends.

Patricia Roberts

More comfortable hospital stays supported by League of Friends

Torbay Hospital League of Friends has supported Warrington ward at Torbay Hospital with a new recliner chair for one of their side rooms.

The 'comfort room' on the ward launched in 2022, and is a project that supports people who have loved ones being cared for by the ward following a prolonged hospital stay. Following very positive feedback from the people the ward cares for and their relatives, the team wanted to set up a second facility to support more people.

During difficult times, having a loved one able to stay with the person in hospital is important both physically and mentally.

The reclining chair chosen is suitable and effective and will support a more comfortable stay for relatives. Purchasing it was made possible thanks to the League of Friends' **£4,500 donation**. The new room will be aptly named '**The Pink Room**' to compliment the team's choice of colour for the chair.

The Warrington team can't wait to see the benefits this will bring to the people they care for and the service they provide and are incredibly grateful to the League for their generosity.



Our picture shows the League Secretary having a well-earned rest.

SUPPORT FROM ILSHAM VALLEY W.I.

The League has once again been gifted a substantial sum from the members of the Ilsham W.I.

Early in January Patricia and Kathryn were invited to join the monthly meeting of the Ilsham Club when Claire Welding, President, **handed them the sum of £1200** towards funding the various projects we have ongoing at the Hospital.

In addition to the money there was a very generous gift of a bag of knitted items all of which had been knitted by Mary Good, Treasurer. These have now all found their way onto our Table Top sales held in the main entrance foyer on Level 4 every Wednesday.

Ilsham W.I have, over the last few years, **donated £3,185** to the League of Friends.



Kathryn thanked Claire and all the members of Ilsham W.I for their continued support and for generously donating all this money and said "We can assure you that it will be put to good use".

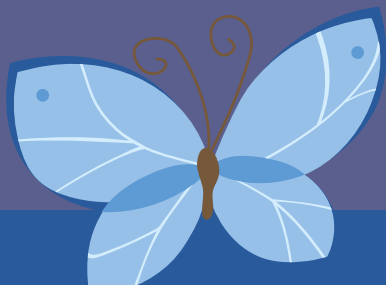
From L to r) Claire Welding President of Ilsham Valley W.I. Kathryn Westaway Chairman Torbay Hospital League of Friends and Patricia Roberts President Torbay Hospital League of Friends.



It's New

In 2011 the League purchased a Mobile Breast Screening Unit that went around the area travelling many miles and taking many scans. Time caught up with it and it needed to be replaced.

This time help from the League was not needed for the new unit but in recognition of the League's support over the years our logo was put on the side.





Shirley Weir

Shirley was born in September 1934 in Hillingdon Middlesex and lived happily until the aged of 9 when she was evacuated due to WW2 and came down to Torquay.

After bringing up her family she looked for something to do. So, **in 1979 she joined the League of Friends** as a canteen assistant and also a member of the Shipway District. She soon became the Voluntary Service Organiser and Manager of 3 League Retail outlets based at Torbay Hospital. She served there for 30 years. She then retired but still was an active member of the Shipway District.

During her time she helped at 3 garden Parties and along with others manned the refreshment tent. Shirley proudly talks about the times she met Kenneth Wolstenholme, Jill Dando, Anita Harris, The Krankies, Christopher Casanova, Ann Stallybrass and Peter Gilmore, Princess Anne, Kenneth Clark and many more dignitaries.

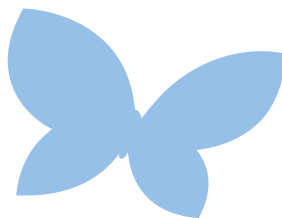
As a great organiser, Shirley arranged a volunteer's trip to the Eden Project. The group split up and Shirley told them where to meet at an appointed time for the return trip. No one was there except Shirley when the Tannoy called " Shirley Weir where are you? the coach is waiting to leave!" - just shows how people don't listen!!!

Another volunteers trip was arranged to Widdicombe and lunch at Dartmeet. A large tree collapsed just as the coach went through. The good news was that they had lunch - the bad news they were stuck getting home as emergency services including a helicopter were called to the scene - Shirley's comment - "Someone up there was looking after us!!!!".

After undertaking a number of years doing great business and fund raising with the Jewellery Stall at the Hospital accompanied by Joan Jones, Shirley eventually, for health reasons, gave up her volunteer career 3 years ago.

For her great work and the way she has represented the League, **she was awarded a Vice Presidency in 2023.**

Shirley is a wonderful representative of the League.



Sales Table

Nearly every Wednesday members of the Management committee man the sales table on Level 4 main entrance where we display several items including our big sellers Jigsaws, Books, Knitted items to name just a few.

Pop by and view our goods and even have a word with us about the work of the League. Our picture below shows Lyn McCaig and President Pat Roberts waiting for customers and a chat.



Winter Draw

We started the winter draw at the beginning of October.

We were not sure how it would be on level 4 but despite a slow start sale soon picked up and we raised £1716.75.



One prize was Liz the Alpaca and several people said they would like to win her. **The draw was on 15th of December** by Adele Jones Deputy Chief Executive and all winners were notified.



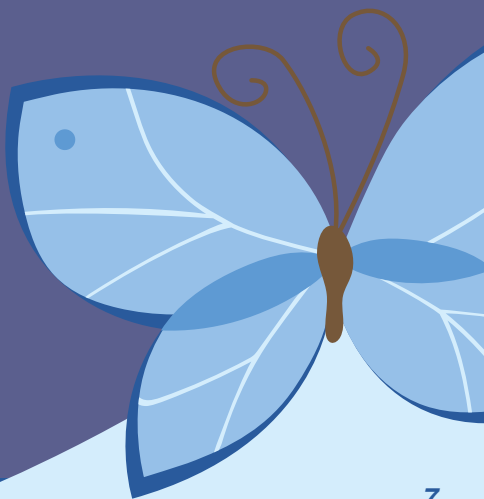
Junior League

The Junior League of Friends have served refreshments at multiple school events, as well as planning a variety of activities that we wish to carry out in the following months!

Our team have served coffees, teas and homemade bakes to parents and visitors at numerous school events such as open evenings or information days. Additionally, **we have held bake sales - and are planning to carry out many more!**

Members of the Junior League of Friends have also come up with ideas such as holding an outdoor **cinema night and a clothes swap**, which we are in the midst of organising. And finally, in December, we took on the role of **Santa's secret helpers** and helped deliver anonymous sweets from students to their peers in light of the Christmas festivities!

- Ramisa and Nathalie



Discharge Clothing Bank

Today we were pleased to hand over a clothing bank to the Discharge Lounge. This comes in handy for those who come into Hospital with nothing or leave with even less.

You might be admitted and need your clothes cut off or you might be removed from an abusive situation. The clothing bank not only has clothing but cosmetics and soap as well as toothpaste and toothbrushes. Our picture shows members holding tote bags and if you would like one to support the League, they are **on sale £4 every Wednesday on level 4.**



Torbay Hospital League of Friends donated over £130,000 which will improve the experience of people having surgery.

£130,000 Donated

The donation has funded 15 operating trollies which transport people into theatre, with most operations able to be carried out on the trolley. This prevents multiple transfers to different units making for a more comfortable experience.



In the past couple of months we have committed to the purchase of

Drone for Digital Horizons **£10836**

Sensory Boxes **£712.25**

Glaucoma Laser **£46635**

Bed Boards for the Hospital wards **£14400**

Gillet's for emergency Department **£2199**

Verathon Bladder scanner for Coronary Care **£8500**

Mindray Benevision Monitors **£19208**

Lockers for McCallum **£23228**

Chair and Computers for Breast Care **£2876**

Lockers for Ophthalmic Theatres **£1130**

Patients Beds for Louisa Cary **£15720**

Pelvic Exercisers for Physiotherapy **£500**

Physiotherapy steps **£1839.54**

How you can help...

If you wish to support the League by becoming a Friend, visit our website www.thlof.co.uk for details on membership.

Donations...

Donations can be sent to our secretary **Philip White, Hightlyn, 6 Haldon Close, Torquay, TQ1 2NA**. If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. If you would like to become a more active member of the League such as helping with Fund raising or with League events, **please contact the Secretary Philip White**

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for you to say thank you



Future Events

Although we publish a newsletter in Spring and Autumn we also send out a update monthly update by e-mail, to receive this e-news message us on **info@thlof.co.uk**

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing **info@thlof.co.uk**.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



95p in every £1
Donated goes directly to
supporting our charitable causes.

TORBAY HOSPITAL
League of Friends
Helping to care...

As from February 2023 Amazon are stopping their Amazon Smile donation to charity. We have signed up to Easy Fund Raising. It is easy to sign up to. More places use it and what's more it costs you nothing.

Just follow the link

You can raise FREE donations for Torbay Hospital League of Friends every time you shop online - just use #easyfundraising! Over 7,000 brands will donate, including all the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more! Sign up here:

www.easyfundraising.org.uk/causes/torbayhospitalleagueoffriends/



TORBAY HOSPITAL *League of Friends*

*I Would Like To Donate and/or Become A Member**

Title	_____	First Name or Initial	_____
Surname	_____		
Full Home Address	_____		
Email Address	_____		

I would like to make a donation of £_____ to Torbay Hospital League of Friends by cheque / postal order made payable to: **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I would like to become a member of **TORBAY HOSPITAL LEAGUE OF FRIENDS** and have:
Either: Enclosed my cheque/postal order for £_____
Or: Completed the Bankers Order Form overleaf

giftaid it

**Boost your donation by 25p of Gift Aid
for every £1 you donate**

*Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.*

In order to Gift Aid your donation you must tick the box below:

I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

SIGNED _____

DATED _____

** See overleaf*

Please send completed form[s] to: Mrs J Hearne, Membership Secretary
TORBAY HOSPITAL LEAGUE OF FRIENDS
10 Abbey Close, Teignmouth TQ14 8FB

MEMBERSHIP OF THE LEAGUE

- Entitles you to receive a twice yearly newsletter which contains a comprehensive list of forthcoming events and latest news.
- Entitles you to attend our AGM each year and take part in the election of new trustees.
- The amount of subscription is entirely up to you but we respectfully suggest a minimum of £15.00 per annum.

Standing Order Mandate

To (Your Bank Name) _____

Postal Address _____

Please pay by banker's standing order

To: National Westminster Bank Torquay

Sort Code: 55-70-01

Account Number: 05909295

Name of Account: TORBAY HOSPITAL LEAGUE OF FRIENDS

Amount (Figures): £ _____

Amount (Words): _____

Date of First Payment: _____

And thereafter
ANNUALLY /
MONTHLY every _____

Until further notice and debit my account: _____

Account to be debited: _____

Account number: _____

Sort Code: _____

First Signature: _____

PRINT NAME _____

Second Signature: _____

PRINT NAME _____

Date: _____

Address: _____