



TORBAY HOSPITAL
League of Friends
Helping to care...



**Torquay United
AFC and the
Torbay Hospital
League of Friends
have donated
essential funding
to the Trust's
Covid Appeal.**

read more on page 6

Contents

Welcome.....	2
United for the Trust's Covid	3
Chairmans Message	4
Recognition of Dedicated Service.....	5
From the Hospital Better health and care for all..	6
Christmas Service	8
The Unmasked Ball	8
Junior League.....	8
How we did.....	9
How you can help.....	10
Donate and/or Become a member	11

If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

Mr P.F.V White (Secretary)..... 01803 298170
Highlyn, 6 Haldon Close. Torquay,TQ1 2NA
Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the Torbay Hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

There are over 140 volunteers working in the Hospital, under the umbrella of the League.

Designed and Printed by
www.frankman.co.uk

Edited by - Dave Rogers &
Kathryn Westaway



When you have read this newsletter
please pass it to a friend or neighbour
to help publicise the work of

Torbay Hospital League of Friends.

Visit our website at
www.thlof.co.uk



Welcome!

**For the first time in 2 years
the League of Friends
was able to have a bucket
collection at Sainsbury's.**



The day was bright and chilly and customers generously donated £448.46

Many people these days do not carry cash otherwise there would have been a bigger total.



United for the Trust's Covid

Appeal 3

Torquay United AFC and the Torbay Hospital League of Friends have donated essential funding to the Trust's Covid Appeal

During December 2021, supporters of the football club purchased raffle tickets to participate in an advent calendar draw, prizes were awarded every day up until Christmas Eve.

A fantastic sum of £685 was raised by fans.



Roy Tuttle, Chairman of the Torbay Hospital League of Friends said "The event was superb and we are delighted to be able match the money raised by Torquay United fans doubling the amount to £1370. When it comes to Covid, we know NHS staff have had to look after patients in very difficult circumstances."

The funding gives a welcome boost to staff and patients on the frontline of Covid-19 in terms of wellbeing support.

Paul Norrish, Donations Manager said "We are grateful to the Gulls and the Torbay Hospital League of Friends for shining a light on the much needed appeal. The situation remains challenging, the Trust's workforce is responding heroically."

The Covid Appeal continues to support Torbay and South Devon NHS Foundation Trust until the point this pandemic is finished, when it will switch to focus on recovery.



Chairmans Message



We continue to operate in challenging times but I'm very positive for the future of Torbay Hospital and its League of Friends.

We have recently provided the Hospital with Ipads for theatres, ventilators for Children's Emergency Department, Bile Duct Ultra Sound Unit, Covid Appeal, Work Stations and Anatone HDP Chairs totalling £84,055

We are still collecting the £1.6 million which will be to provide medical equipment for the new Acute Medical Unit.

Our Executive Committee is very active planning for the future and offering support for the Hospital's current and future programmes while, the Events Team are looking at starting their Events which will include stalls at the Rotary Day on Babbacombe Downs and Holiday Network Events being held on the Downs as well. We are also looking at the start of the quiz nights and bed push.

I look forward to seeing you at any of our Events. Soon, our new office and retail counter will be in the level 4 entrance area.

Roy Tuttle.

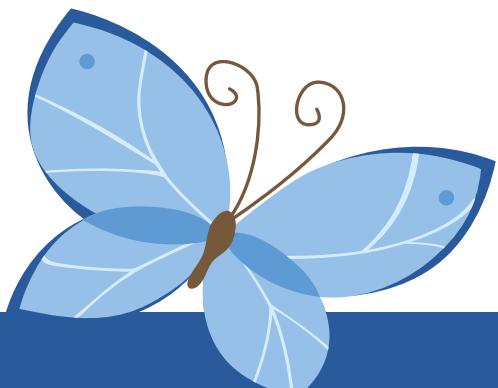


**President Message,
Patricia Roberts**

We are still negotiating with Torbay Hospital to ensure that our presence is returning to hospital premises. This is very important to us, and we would like progress to be quicker. Some of our 'out of hospital' events are being planned—stalls at some fairs —collection day at Sainsbury's entrance and maybe a Bed Push on the seafront.

We are still getting financial support from the public for which we are extremely grateful, and we always ensure that it is spent for the benefit of the patients.

Patricia Roberts.



Recognition of Dedicated Service

Mr Trevor Brown



Trevor Brown has been actively supporting The League of Friends for many years and his financial background has proved invaluable.

Trevor has reluctantly made the decision to resign from the Management Team though I am sure that he will continue to support us as much as he is able.

Thank you to Trevor for his reliable, efficient contribution.

Meet the team

Lyn McCaig, Trustee



My involvement with the League of Friends started whilst I was Secretary to Paul Strick, who was then the General Manager of Torbay Hospital.

I worked for Paul for 17 years and he was the League's main line of contact at the hospital and so we had a lot of interaction with the Management Committee of the League.

When I retired in 2006 I joined the League and became a member of the Management Committee, and have been involved in, and enjoyed, many fund raising activities, such as our wonderful Garden Parties, held on many sites including the hospital grounds, Torquay Girls Grammar School and the Palace Hotel, Torquay; also Bed Pushes along Torquay seafront; skittles evenings; fashion shows; quizzes and Summer and Christmas raffles to name but a few, all of which have been great fundraisers for the League.

I am very proud to be part of this organisation which boasts that 95p in every £1 collected goes towards fundraising for our hospital- not many charities can say that. We have had a difficult time since Covid but we are determined to continue to do what we can in the future.

Lyn McCaig

From the Hospital Better health and care for all



I am delighted to have the opportunity to provide a short update for your newsletter and would like to start by saying a sincere and heartfelt thank you for all the support you continue to give us, the amazing fundraising that you do and for the interest and kindness you show us.

As I sit here writing this, the sun is out, and I can see daffodils waving in the breeze. I truly hope that the signs of spring and the hope and renewal that they bring will be felt by all of us. It's been an extremely challenging two years for each and every one of us and the pandemic is not over yet.

Some of you may be aware that we currently have more people with COVID-19 in our hospitals than at any time during the pandemic. While it is encouraging that the majority of patients are in hospital for other conditions and are asymptomatic or experiencing mild symptoms, the impact that the presence of COVID has in our hospitals is really significant.



Under current infection prevention and control guidelines, one patient testing positive for COVID-19 can result in the closure of the whole ward, meaning that beds are unavailable for emergency admissions and for planned operations. This means people waiting longer for treatment in the community and operations being cancelled or postponed and long waits in Emergency Departments for people needing a hospital bed.

The pandemic has not only increased the pressure across all aspects of health and social care services but has had a significant impact on the most vulnerable people in our communities and the inequality gap has quickly widened. This is why it was really important to us that we refresh our organisational strategy and set a clear vision for better health and care for all. Our strategy has at its heart core principles of the strategy we developed with local partners in 2005 and builds on the last seventeen years of experience and learning. The refreshed strategy was approved by our Board of Directors in January and is now available on our website: <https://www.torbayandsouthdevon.nhs.uk/about-us/our-vision-and-strategy/>

As I write this, the challenges that we are experiencing in our organisation, across our Devon Integrated Care System and in our communities, could not be more starkly felt. Put simply COVID-19 has made the work we do harder. The world has changed, and we need to change how we work and how we work together in order to provide better health and care to all.

For us, this means that our older people have greater needs, as a result of the social restrictions, fear of leaving their homes, lack of social interaction and delays in receiving care. By focusing on delivering more care to people in their own homes and communities, designed around what matters to them, we will be able to help people to maintain their independence while delivering care to more people. We have an exciting pilot taking place in our breast care unit where we are using a mixed reality headset to support nurse-led dressing clinics in the community. Clinical nurse specialists use the headset to send a high-resolution video feed to consultants, in real time, to get immediate feedback and advice on a patient's needs.



Our most vulnerable children are waiting longer to receive specialist services and our transformation of clinical pathways for our children and family health services could not be more important. Our team on Louisa Cary ward are doing fantastic work to improve the hospital experience of children and young people who have neurodiversity or experience emotional distress. They have improved the availability of equipment and aids including weighted blankets, a 'magic carpet' interactive floor projector and other audio visual, tactile and sensory equipment.

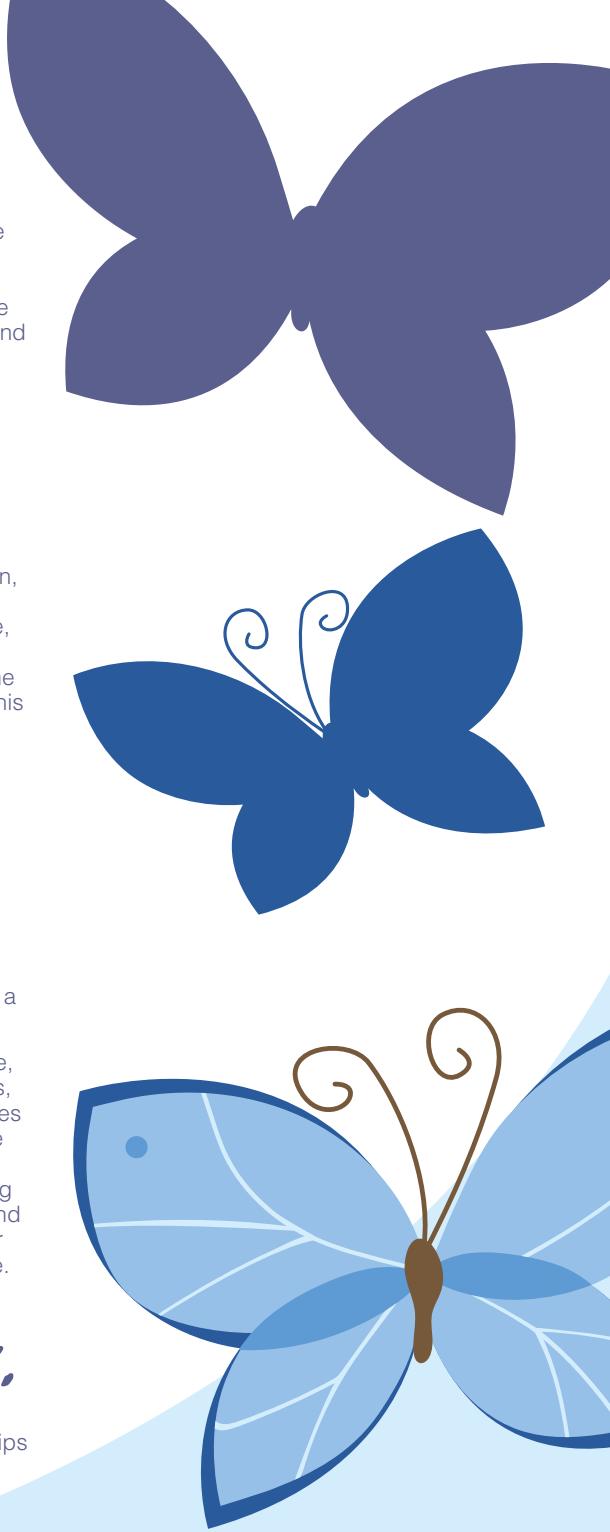
Waiting times for specialist hospital services have deteriorated at speed due to the need to prioritise immediate care for patients with COVID-19 and urgent care. Our planned care services are critically important in keeping people healthy and supporting them to live well. We need to re-design the way we deliver these services, with our partners across Devon, to reduce waiting times and improve the experience and outcomes for our local people, and we need to do this quickly. We are using the Nightingale Hospital in Exeter to reduce the waiting times for MRI and CT scans and just this month we began to offer people hip, knee and other orthopaedic surgery at the Nightingale too.

There are exciting developments in our future too as we use the monies that we plan for how best to use the monies we will receive from the Government's health infrastructure plan (new hospital programme) to build new hospital facilities, supported by local health and wellbeing centres and home-based care, making the most of digital technology to build a brighter future for everyone.

Our strategy describes our vision for the future, why it matters to us and our local communities, what this means for the way we run our services and how we will work together to deliver it. We hope you feel that through your work with the League of Friends you are actively contributing to our vision of better health and care for all and we look forward to continuing to work together to support everyone to live as well as possible.

Adel Jones.

Director of Transformation and Partnerships

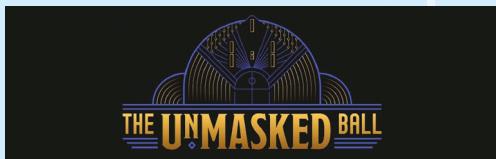


Christmas Service

The Annual Hospital Christmas Carol Service was again held virtually this year due to Covid- and we hope those who attended you enjoyed the service.

Thank you to all of the amazing staff who took part and made this possible.

Part of the service was the dedication of the presents which our President Patricia Roberts handed to Rev Martin Manley for the blessing, he offered to deliver them to two of the wards.



Celebrate freedom and help us raise funds for Torbay Hospital League of Friends on Saturday 2nd July 2022.



We'll be transforming The Spanish Barn for Torbay's ultimate summer ball.

BAND | DJ | ARTISAN BUFFET | LICENSED BAR | AUCTION | RAFFLE

On arrival guests will receive a welcome drink and canapés, followed by an informal buffet by Torbay-based Artisan Catering.

Live music will follow by the amazing Superstition band, with DJ Mark Voisey keeping everyone on the dance floor until the end of the night.

Keep the date free in your Diary

Date and time Sat, 2 Jul 2022, 18:30 – Sun, 3 Jul 2022, 01:00 BST

Location Torre Abbey, The Spanish Barn, Torre Abbey, Torquay, TQ2 5JE

All proceeds go to the league of friends

Tickets £59

Junior League



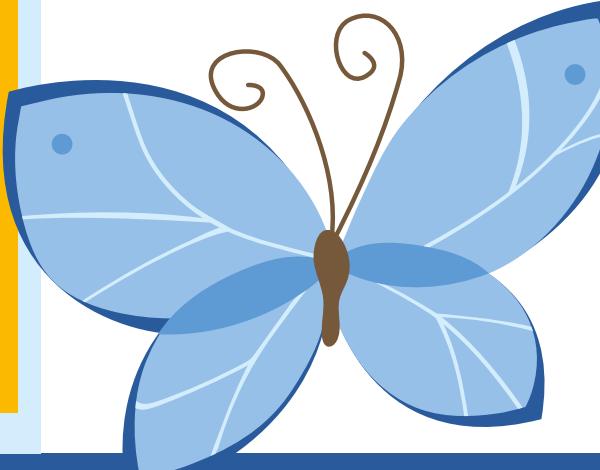
The Junior League of Friends is excited about the year to come.

"We cannot wait to help raise awareness of the League around our school to the younger generation and play a part in raising funds for the local Hospital.

Many of us in the team have reasons to be grateful to the Hospital We aim to hold bake sales/stalls at school events, and interactive events such as film screenings for the students at our school.

I thank you, along with the deputies and other members of the Junior League, for this opportunity and we hope to successfully do our part over the course of the year!"

***Estelle (Chair),
Lucy and Katie (Deputies)***



Pennies in Plastic

We have not stopped collecting, but due to covid we have been unable to accept them at the Hospital.

When our new area on level 4 main entrance is ready, we shall be able to take all your collections of pennies.

To date we have accepted £5669.29



**£5550
Raised**

Presents

Every year the League delivers a Christmas gift to those patients who find themselves in Hospital on Christmas Day, unfortunately due to Covid and the Omicron variant we are still unable to deliver these in person. The hospital delivered them for us.



Gifts

We might have been going through a difficult time but the service the hospital gives does not stop and recently the League gave 12 Work stations and stools, 2 Ipads and Hill Rom Anatome HDP Chairs with drip poles

Costing £29,152.34



Jewellery Sale

When Mrs Julia Caulfield of Chelston Chiropody heard that we were unable to sell our Jewellery in the hospital in the weeks leading up to Christmas, she kindly offered to sell some jewellery for us from her waiting room. She raised £312.00, for which we thank her.

**£312
Raised**

How you can help...

Become a Friend of the League or an active member and join one of our district teams and receive a twice-yearly newsletter and other mail shots. Email us on info@thlof.co.uk if you are interested.

Thank You Donations...

Donations can be sent to our secretary
**Philip White, Highlyn, 6 Haldon Close,
Torquay, TQ1 2NA**

If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. Contact the League of Friends office at the Hospital on **01803 654520**

If you would like to become a more active member of the League of the League, such as helping with Fund raising or with League events, please contact the **Hon Secretary**
Philip White

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for your generosity to last beyond your own lifetime.

Please ask if you would like to receive our legacy information leaflet.

Support us through Amazon

There is much more online shopping at the moment so if you shop on Amazon you can make a difference: Simply shop at smile.amazon.co.uk/ch/200905-0 or with AmazonSmile ON in the Amazon Shopping app, and AmazonSmile donates to - The Torbay Hospital League Of Friends.



Visit our website www.thlof.co.uk

Future Events

**We are starting to plan events
these will be announced
in e-news**

If conditions allow we hope to be at Cockington Fayre and our Annual Bed Push on the sea front August Bank Holiday.

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing info@thlof.co.uk.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



TORBAY HOSPITAL
League of Friends
Helping to care...



Registered Charity No. 200905



TORBAY HOSPITAL League of Friends

I Would Like To Donate and/or Become A Member*

Title	First Name or Initial
Surname	
Full Home Address	
Email Address	

- I would like to make a donation of £_____ to Torbay Hospital League of Friends by cheque / postal order made payable to: **TORBAY HOSPITAL LEAGUE OF FRIENDS**
- I would like to become a member of **TORBAY HOSPITAL LEAGUE OF FRIENDS** and have:
- Either:* Enclosed my cheque/postal order for £_____
- Or:* Completed the Bankers Order Form overleaf

giftaid it

**Boost your donation by 25p of Gift Aid
for every £1 you donate**

*Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.*

In order to Gift Aid your donation you must tick the box below:

- I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

SIGNED _____

DATED _____

* See overleaf

Please send completed form[s] to: Mrs J Hearne, Membership Secretary
TORBAY HOSPITAL LEAGUE OF FRIENDS
10 Abbey Close, Teignmouth TQ14 8FB

MEMBERSHIP OF THE LEAGUE

- Entitles you to receive a twice yearly newsletter which contains a comprehensive list of forthcoming events and latest news.
- Entitles you to attend our AGM each year and take part in the election of new trustees.
- The amount of subscription is entirely up to you but we respectfully suggest a minimum of £15.00 per annum.

Standing Order Mandate

To (Your Bank Name)

Postal Address

Please pay by banker's standing order

To: National Westminster Bank Torquay

Sort Code: 55-70-01

Account Number: 05909295

Name of Account: TORBAY HOSPITAL LEAGUE OF FRIENDS

Amount (Figures): £

Amount (Words):

Date of First Payment:

And thereafter

**ANNUALLY /
MONTHLY every**

Until further notice and debit my account:

Account to be debited:

Account number:

Sort Code:

First Signature:

PRINT NAME

Second Signature:

PRINT NAME

Date:

Address: