



TORBAY HOSPITAL *League of Friends* *Helping to care...*



New above bed boards funded by Torbay Hospital League of Friends

A huge thank you to the Torbay Hospital League of Friends for generously funding £12400 for our new above patient bed boards, which are now up in wards at Torbay Hospital.

Above bed boards are really important for patient care as they provide clear care requirements for patients at a glance. All the information above each patients bed is individualised and specific to their needs. This will help the way all our staff care for our patients.



Patient at a glance	
Current care	Alerts
Medication and treatment	What concerns the care team?
Pressure prevention	Visual alerts
Ward specific information	

Our previous boards did not have a standard template, so for staff rotating across the organisation, there was different information displayed above patients' beds which made it more difficult to be able to care for a patient. By having a level of standardisation, this provides consistent outcomes, an improved quality of care, improvement in efficiencies and as a result, and improved patient safety.

These new boards support our person-centred care agenda, and where possible, these boards are completed with patients and their families, to ensure we capture what matters most to our patients.

For our visiting and rotational staff, this improves our patient safety element, because they will know what to expect and how to provide care for our patients.

This wouldn't have been possible without the generosity of our Torbay Hospital League of Friends.



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THANK YOU FOR YOUR SERVICE



Mike Evans

After completing his National Service with the Cheshire Regiment serving in Berlin and Barnard Castle he continued his career with Standard Life Assurance Company with whom he moved to several locations around the country and after acquiring a holiday home overlooking the harbour in 1976 he decided 35 years ago to settle in the Wellwood area of Torquay.

He has been Rotarian for the past 36 years and a member of Probus yet he has always believed to help others he had the chance to join the League of Friends 27 years ago, so he jumped at the chance.

When the League of Friends had Districts, Mike was a founder member of the Wellwood District and subsequently served as their Treasurer. He was always keen to help at the Garden Parties.

Mike served as Vice Chairman and then Chairman and then he was honoured with a Vice Presidency.

Mike is someone with a wealth of knowledge and meticulous with his record keeping and was supportive to new trustees.

Thank you, Mike, for your service.

If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

Mr P.F.V White (Secretary).....01803 298170
Highlyn, 6 Haldon Close. Torquay,TQ1 2NA
Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the Torbay Hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

We have over 250 members who give us valuable support throughout the year.

Designed and Printed by www.frankman.co.uk
Edited by - Dave Rogers,
Kathryn Westaway,
Patricia Roberts



When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of

Torbay Hospital League of Friends.

Visit our website at

www.thlof.co.uk



PRESIDENTS AND CHAIRMAN MESSAGE



Report from Julia Hearne, Vice President

I became a member of the League when I moved to Shiphay in 1977.

Whilst working for Nat West at Lawes Bridge I met Bill Teague who was a committee member of the League. When I left the bank in 1979 Bill asked me if I would like to join the Shiphay committee. As they say the rest is history.

I joined the Shiphay committee and was invited to join the Executive committee taking up the role of Membership Secretary. I have done this ever since and next to our President am the longest serving member of the League. Over the years I've enjoyed the events we have arranged to fund raise for our hospital and continue to enjoy chatting to member and patients at our Wednesday sales table. Come and say Hello if you're ever on level four at the hospital at the hospital. **Thank you to all our members continuing support.**

Julia Hearne

Vice President and Membership Secretary



Chairman Thoughts

As we head towards the end of the year, it's great to look back on an eventful summer. At the beginning of August we attended Babbacombe Fair, and along with many other people, had a great day.

We raised a total of £449.00 for The League. It was lovely to meet up with friends old and new, and despite the poor weather conditions, it was very well attended.

On August Bank Holiday Sunday we undertook our annual bed push along the seafront in Torquay. We push the bed about 8.5 miles up and down the seafront and are helped by various clinical and managerial staff from the hospital. We had a great day and thanks to the generosity of the public **we were able to collect over £1000 on the day.**

Look out for our committee members on Level 4 main entrance of the hospital every Wednesday. Christmas cards will be available from September, and Christmas draw tickets will be available from the end of October on most days of the week."

Kathryn Westaway.
Chairman



Annual Bed Push

Torbay Hospital League of Friends have raised an amazing £1,029 on their annual bed push from the Grand Hotel along the sea front to the Marina. They got off to a great start when, for the second year running, Harbour Gifts and Antiques emptied their tips tin containing £84.47 into the collection bucket.

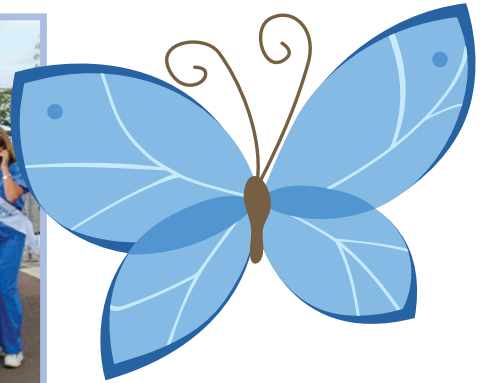
They then stopped at the Offshore Bar and Restaurant and where staff and customers were very generous.

The hospital bed, with a giant teddy bear on board, was pushed round the circular course three times, by directors, nurses and League volunteers.

Vice President and Special Events Co-Ordinator Dave Rogers said: 'Once again the people of Torquay did us proud.'

'It's always one of our favourite events – especially when the sun shines. As well as filling our buckets with their loose change, holidaymakers and locals alike were very interested in the work we do.'

'Despite cash going out of fashion, the generous public dug deep into their pockets and bags to make the event a great success'.



Calling all board gamers

A board game club is launching for staff on 20 May and will run from 5-8pm in the Horizon Centre Café.

We'll have a library of over **25 brand new modern board games** for you to enjoy, kindly funded by the League of Friends. No experience is needed, all rules will be explained, so you can turn up, grab a seat and get playing! Meet new colleagues, make new friends and enjoy a few hours away from all things digital. We have an amazing library of games that has something for everything.

Can't make it on the evening? You can still play! **The games will be available between 9-5**

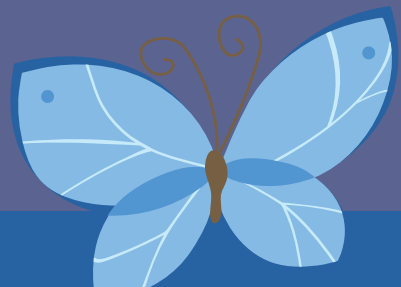
from the Horizon Centre. Perfect for a lunch break. We'll also look to run evenings from our community sites.



Peaceful Area

Children, young people and their families are benefiting from a fantastic makeover of our outdoor area at Louisa Cary ward, Torbay Hospital.

Thanks to a generous donation from Torbay Hospital League of Friends the decking has been replaced, lighting has been installed and the space is now full of colourful planting.



Bladder Scanner

New scanning equipment is helping to improve patient care on the coronary care unit at Torbay Hospital after a generous donation of £8,500 from Torbay Hospital League of Friends.

The donation meant that the unit could purchase a portable bladder ultrasound scanner for the ward which is now being used by staff to provide safe and reliable scans to determine if a patient is able to pass urine. The scanner is a key diagnostic device which can help identify patients with acute urinary retention more quickly.

The coronary care unit at Torbay Hospital treats patients who are admitted to hospital with serious heart conditions who often suffer from urine retention. Acute urinary retention can be a medical emergency and so early diagnosis and treatment is vital.

Anil Mathew (Sister), Nima John (Staff Nurse), Roy Tuttle (LOF), George Brown (Staff Nurse), Laura Carpenter (Housekeeper), David Rogers (LOF), Lynne Hookings (LOF), Mike Hookings (LOF), Sam Elleray (Ward Manager)

Thanks to the new portable bladder scanner, the coronary care unit is able to more quickly and easily identify the need for catheterising patients to prevent this.

Sam Elleray, Ward Manager, said: "We are very grateful to the League of Friends for this kind donation. The new scanner will make a huge difference to the way we work and will significantly improve the experience we are able to provide to our patients."

Roy Tuttle, Past Chairman Torbay Hospital League of Friends, said "We are delighted to have been able to fund this ultrasound scanner which will help to make patients already suffering from a heart condition so much more comfortable."



Mortuary Upgrade

The League made a donation of £10,000 for a mortuary upgrade that means bereaved families will now have a much better experience.

The viewing room at the hospital's mortuary and the service corridor which leads to it have been transformed.

The viewing room is now a forest glade with a feature wall, comfortable seating and soft furnishings in gentle green tones.



A series of light boxes have been installed in the service corridor that leads to the viewing room, creating a much lighter and more pleasant walkway for grieving relatives.

We are incredibly proud of our mortuary's teams commitment to supporting loved ones after a death in their families.



KEEPING WARM

Staff in the Emergency Department at Torbay Hospital will be much warmer thanks to the generosity of Torbay Hospital League of Friends.

The Emergency Department has taken delivery of more than 150 navy blue sleeveless fleeces thanks to a **donation of over £2,194.02 from the League**. Each one is embroidered with the League's beloved butterfly logo.

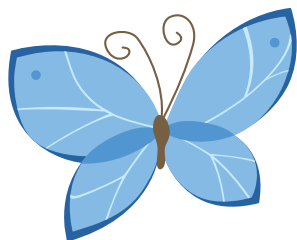


Photo shows (L to R): Lyn McCaig (LOF), Roy Tuttle (LOF), Dave Rogers (LOF), Claire McBride, Philip White (LOF), Melody Andrews, John Scudder, Daniel Gooding and Patricia Roberts (President LOF)



Matron Melody Andrews said: "We are thrilled to take delivery of these fabulous sleeveless fleeces for our team and really grateful to Torbay Hospital League of Friends without whom this wouldn't have been possible. Patricia Roberts, President of the Torbay Hospital League of Friends said: "We were delighted to be able to fund warm gilets for the fantastic nurses in Torbay Hospital's Emergency Department. It's vital that they stay comfortable and warm during long shifts, especially in the colder months, so that they can continue to provide the excellent care our community relies on."

Torbay Hospital League of Friends, **which celebrates its 70th birthday this year**, is run by volunteers who have **raised over £22m** for Torbay Hospital and whose motto is "Helping to Care". It is one of the leading Leagues in the country, raising millions of pounds to benefit local people and receiving the Queen's Award for Voluntary Service in 2012.



70th Anniversary Cream Tea and AGM

In April the League held the 70th anniversary Cream Tea and Annual General Meeting at the Livermead Cliff Hotel. It commenced with the AGM when Kathryn Westaway was elected for a further year as Chairman. Martin Tucker was elected for a further year as Vice Chairman.

President Pat Roberts thanked everyone for support over the last year and subsequently will undertake another term in the President.

The outgoing Chairman of the Torbay and South Devon NHS Foundation Trust Sir Richard Ibbotson gave a passionate speech about the work of the League and the fantastic work they do. The incoming Chairman Professor Chris Balch reiterated the words of Sir Richard and said that he was looking forward to working with the League.

Then everyone settled down to an enjoyable Cream Tea. The celebration cake was cut by Sir Richard and Kathryn cut the cake, as Sir Richard did not have his ceremonial sword so a standard knife from the kitchen sufficed.



My first 100 days as Chair of Torbay and South Devon NHS Foundation Trust

It's nearly 100 days since I took over as Chair of Torbay and South Devon NHS Foundation Trust, having been a Non-Executive Director for five years, and I thought I knew what I was letting myself in for. I have been surprised by the intensity of the role and the pressure which that brings, but moving from three to four days a month to three to four days a week (and more!) has allowed me to widen and deepen my understanding of our critical role in supporting people in our communities to live well.

We have four priorities to help us deliver better care for the people we serve: People power: Using our compassionate leadership approach to unlock our full potential as an organisation and as organisations. This means treating everyone as we would want to be treated ourselves and ensuring this is a place where we all feel safe and we belong, which in turn helps us to provide safer, compassionate care. We were horrified by the heinous actions of a minority of people this summer, but it was overwhelming to see how our communities came together to support each other.

Right tools for the job: Doing everything possible to ensure our teams have the right tools to deliver modern, effective healthcare. The multi-million-pound investment in our services is delivering significant improvements to people's lives, including the expansion to our endoscopy centre, which has helped reduce waiting times by 95%, and our new day surgery and eye surgery theatres, **which will support 4,500 more people a year.** Delivering a Devon-wide electronic patient record is a key priority.

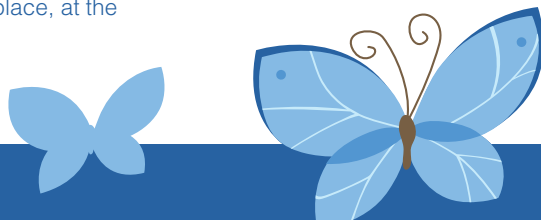
Integrated care: Continuing to develop our integrated model of care as close to home as possible remains a priority, and ensuring people receive the right care, in the right place, at the right time.

We are seeing the benefits of digital technology and innovations can make through wearable devices, and our virtual wards have **helped 1000 people to receive care for frailty,** heart failure, pleural and respiratory conditions at home. Our community physiotherapists are using virtual and augmented reality to deliver rehabilitation in to people's homes. We must continue to work with partners across Devon and Cornwall to design and develop sustainable services and make the best use of the resources and money available to use.

Delivering best value: Our operating plan for this year remains focused on reducing the number of people waiting for planned care and improving our urgent and emergency care performance.

We're seeing some real progress but many of the challenges we face are not susceptible to a 'quick fix'. We need to secure long-term capital investment in digital technology and new hospital facilities to replace our ageing infrastructure and we are building effective relationships with our new MPs. We need to reconsider how we deliver services to ensure that our population has access to high quality, safe and affordable care. We can't do this alone and will continue to work with our partners across our health and care system to deliver the sustainable solutions we need. I spent time with our teams who deliver outstanding care, and my initial focus has been on our hospitals and health and wellbeing centres in Ashburton, Brixham, Dartmouth, Dawlish, Newton Abbot, Teignmouth and Totnes. The care we deliver through our community nursing, rapid response and social care teams is vital if we are to manage the pressures on our acute services by reducing the need for patients to be admitted to hospital and ensuring they can return home as quickly as possible. Our community and adult social care teams delivered **more than 13,000 packages of care last year and supported more than 1,200 people** to stay independent at home. We work with care homes to help prevent hospital admissions lined to dehydration.

I am keen we take every opportunity to celebrate this aspect of our work where we benefit from the support of other Leagues of Friends from across our patch.



I really enjoyed participating in the Torbay Hospital League of Friends bed push fund raiser on August Bank Holiday weekend. We made a lot of noise and attracted a lot of attention and donations in our trip along the sea front and around the harbour. The bed push is a great way of raising the profile of the League, having a bit of fun and building a strong team spirit. After 70 years, the League continues to play a vital role in providing patients and staff with access to medical equipment and facilities which we are simply unable to provide from it's own resources. **Thank you so much for your support. We are so grateful for all you do.**

Chris Balch

**Chairman Torbay and South Devon
NHS Foundation Trust**



DAY BEDS

“More parents will be able to stay comfortably with their child in hospital thanks to the generosity of Torbay Hospital League of Friends.

Earlier this month, Louisa Cary ward, which is an acute paediatric ward that cares for children and young people under the age of 18 requiring inpatient care, took delivery of 12 new parent beds thanks to a **donation of more than £13,000 from the League.**

Michelle Townsend, ward manager, said: “We know how important a restful night’s sleep is to our families and the difference it makes to be together at what can be a very anxious and worrying time. It is wonderful to have the support of Torbay Hospital League of Friends and thanks to their kind donation we are much closer to our target of having a parent bed for every patient bed on the ward.

Chris Banks, play specialist, said: “Having to undergo treatment can be scary enough as a child, but having their parent with them overnight can make things much better. The parent beds can be used as a chair or a recliner during the day time to provide further comfort.”

The beds are specially manufactured for use in the hospital environment and can be cleaned and disinfected using the same products as used for all other hospital beds and mattresses. **They will sleep adults up to 200kg safely and in comfort.**

Patricia Roberts, President of Torbay Hospital League of Friends, said: “This donation reflects our commitment not only to the health and recovery of children in Louisa Cary ward but also to the comfort and well-being of the Mums and Dads who support them. Parents who need to sleep over help the nurses and, crucially, their children and being able to rest properly while staying close can make a significant difference. We hope these beds will bring much-needed comfort and peace of mind to families when a child is in hospital”.

Torbay Hospital League of Friends, which celebrates its 70th birthday this year and whose motto is helping to care, is one of the leading leagues in the country, raising millions of pounds to benefit local people and receiving the Queen’s Award for Voluntary Service in 2012.”



In the past couple of months we have committed to the purchase of

Reclining Chairs for EAU **£4384**

Patient Armchairs for Cromie Ward **£8022**

Image Guidance for ENT **£81,462**

How you can help...

If you wish to support the League by becoming a Friend, visit our website www.thlof.co.uk for details on membership.

Donations...

Donations can be sent to our secretary **Philip White, Hightlyn, 6 Haldon Close, Torquay, TQ1 2NA**. If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. If you would like to become a more active member of the League such as helping with Fund raising or with League events, **please contact the Secretary Philip White**

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for you to say thank you



Future Events

Although we publish a newsletter in Spring and Autumn we also send out a update monthly update by e-mail, to receive this e-news message us on **info@thlof.co.uk**

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing **info@thlof.co.uk**.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.



95p in every £1
Donated goes directly to supporting our charitable causes.

TORBAY HOSPITAL
League of Friends
Helping to care...

As from February 2023 Amazon are stopping their Amazon Smile donation to charity. We have signed up to Easy Fund Raising. It is easy to sign up to. More places use it and what's more it costs you nothing.

Just follow the link

You can raise FREE donations for Torbay Hospital League of Friends every time you shop online - just use #easyfundraising! Over 7,000 brands will donate, including all the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more! Sign up here:

www.easyfundraising.org.uk/causes/torbayhospitalleagueoffriends/



TORBAY HOSPITAL *League of Friends*

*I Would Like To Donate and/or Become A Member**

Title	_____	First Name or Initial	_____
Surname	_____		
Full Home Ad- dress	_____		
Email Address	_____		

I would like to make a donation of £_____ to Torbay Hospital League of Friends by cheque / postal order made payable to: **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I would like to become a member of **TORBAY HOSPITAL LEAGUE OF FRIENDS** and have:
Either: Enclosed my cheque/postal order for £_____
Or: Completed the Bankers Order Form overleaf

giftaid it

**Boost your donation by 25p of Gift Aid
for every £1 you donate**

*Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.*

In order to Gift Aid your donation you must tick the box below:

I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to **TORBAY HOSPITAL LEAGUE OF FRIENDS**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please notify the charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

SIGNED _____

DATED _____

** See overleaf*

Please send completed form[s] to: Mrs J Hearne, Membership Secretary
TORBAY HOSPITAL LEAGUE OF FRIENDS
10 Abbey Close, Teignmouth TQ14 8FB

MEMBERSHIP OF THE LEAGUE

- Entitles you to receive a twice yearly newsletter which contains a comprehensive list of forthcoming events and latest news.
- Entitles you to attend our AGM each year and take part in the election of new trustees.
- The amount of subscription is entirely up to you but we respectfully suggest a minimum of £15.00 per annum.

Standing Order Mandate

To (Your Bank Name) _____

Postal Address _____

Please pay by banker's standing order

To: National Westminster Bank Torquay

Sort Code: 55-70-01

Account Number: 05909295

Name of Account: TORBAY HOSPITAL LEAGUE OF FRIENDS

Amount (Figures): £ _____

Amount (Words): _____

Date of First Payment: _____

And thereafter
ANNUALLY /
MONTHLY every

Until further notice and debit my account: _____

Account to be debited: _____

Account number: _____

Sort Code: _____

First Signature: _____

PRINT NAME _____

Second Signature: _____

PRINT NAME _____

Date: _____

Address: _____