



TORBAY HOSPITAL *League of Friends* *Helping to care...*

TORBAY HOSPITAL
League of Friends

10,000 endoscopy screenings a year could be improved with better equipment, helping to prevent and treat cancer.

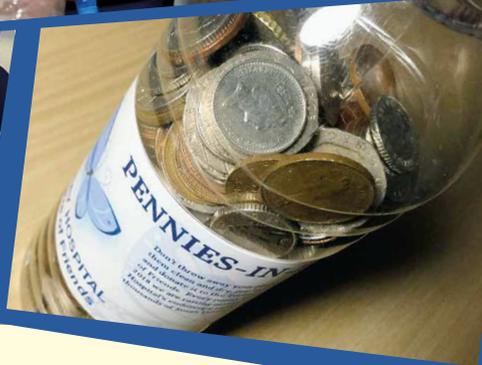
£1.3m needed for this new life saving equipment. Can you help?

donate online
thlof.co.uk

volunteer
a few hours
a week

95p
in every £1
raised supports
our causes

TORBAY
LOTTERY



Can you help...?

£1.3m is needed!

Rob Dyer Medical Director, Dr Mark Feeney Consultant Gastroenterologist and Endoscopy lead, and the nurse in charge.

We continue to raise money for this much needed equipment, one of these ways being Pennies for plastic: collect any odd coins (and notes) in an old plastic bottle



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Contact us

If you would like to volunteer for one of our committees, or for any other enquiry, please contact:

- Mr P.F.V White (Secretary) 01803 298170
 Highlyn, 6 Haldon Close. Torquay, TQ1 2NA
- Butterflies Café..... 01803 654520
- League of Friends Office 01803 654520
- Email.....info@thlof.co.uk

With Special Thanks

We would like to thank all of you who have contributed to making the hospital League of Friends such a success, and we hope you will enjoy reading about how we continue to raise funds to carry on the good work.

There are over 140 volunteers working in the hospital, under the umbrella of the League. These include: the trolley service; manning the Butterflies Café; meeting and greeting people in the main entrance and showing them to different parts of the hospital; delivering documents for the consultants and much much more.

Designed and Printed by
www.frankmandesign.co.uk

Edited by
 Linda Dewis

When you have read this newsletter please pass it to a friend or neighbour to help publicise the work of
Torbay Hospital League of Friends.
 Visit our website at
www.thlof.co.uk



Meet the Team



I joined the League in 1996 (I think), became President in 2000 and Hon Secretary in 2002.

Hon Secretary's of the League are inclined to be a bit limpet like when you think there have only been four of us since the League started in 1952.

The Secretary is of course a Trustee as well as serving as a general administrator and essentially the job has always been one of co-ordination (within the League) between Trustees and Committees and with the Hospital and the Public.

On a daily basis I deal with emails and general correspondence mainly with Funeral Directors, Solicitors but also with general enquiries and make it a point always to acknowledge all donations.

Monthly I take the Management Committee Minutes and circulate them along with the Agenda. I deal with bids from the Hospital which means close liaison with the Medical Director and thereafter the Department concerned.

Annually I prepare the paperwork for the AGM and the Secretary's report along with filing the Annual Return with the Charity Commissioners.

I reckon on a slow week I do about one day and on a busy week perhaps a couple of days' worth of work.

Having a computer helps as does email and the ability to type with more than two fingers!

Philip White



Day Surgery

We gave some money to the Day Surgery ward to make the children's area more cheerful, along with some new toys and a television.

The decoration was done by art students.

We have helped to fund...

Weighing Scales

In November we agreed a request for a set of weighing scales These have now been delivered.

“Our team wanted to say thank you for the ramp scales which were kindly purchased by the League of Friends. They have already received a lot of use and they have been extremely useful for patient assessment and care.”

Julie Kemmner

She also sent a photo as attached. The people are from L to R:

David Reddaway
 (Clinical Community Dietician)

Jade Shields
 (Clinical Community Dietician)

Anna Mason (Dietetic Assistant)

Jo Cullen (Clinical Community Dieticians)

Julie Kemmner
 (Clinical Community Dietician and Team Lead)

And in the front Alex Salter (Volunteer Admin Assistant) kindly helped to demonstrate the scales in action.



NHS Quicker



There is an App you can download on to your smart phone that will help you if you have a minor accident and need to go to A and E.

The App will tell you the nearest hospital and the waiting time.

Which could save time.

People we would like to Thank...

A Liver Scanner appeal...

This appeal was set up 3 years ago by Bob Pailing and Lyn Smith when Bob was diagnosed with liver cancer.

His aim was to raise money for a portable liver scanner which can be used in a variety of venues so that liver cancer can be investigated earlier.

Since Bob's death the appeal has been continued by Bob's wife, Carol and Lyn. They have worked hard to raise money with talks, had donations from Rotary clubs, help from Bob's daughter, Shona and very many others especially both staff and residents of Sundial Residential Care home. This plus many car boots has raised £10,000.

A cheque for this amount has now been presented to Torbay Hospital League of Friends who will make up the cost of the scanner, so making sure it can be purchased and used.

Picture shows Lyn Smith presenting the cheque to League Treasurer Elizabeth Welch at a Rotary meeting.



Founder Chairman of the Wellswood District League Friends retires from committee

Mike was taking an exercise walk around the hospital following his heart attack in 1998, when he found a League of Friends Newsletter.

After reading it he was interested to learn of the efforts of the then fund raising committee. A wonderful organizer, he thought a Wellswood committee was needed.

Over the years like minded people joined the committee, often by "persuasion"

The Wellswood committee has proved to be very successful and raised over £110,000 over 20 years for the League funds.

The Wellswood district was pleased to appoint Mike as Wellswood's first honorary member, he is also a past chairman of the League and a vice-president.

Mike Evans

Dave Hanbury



Dave Hanbury of Hanbury's Fish and Chips, who each year gives over his restaurant for an evening to raise money for the league.

He donates all the food as well as giving us a very pleasant time, he has done this for several years now.

And this is how we did it...

Here are just a few of the many, many events and donations that have helped the League to reach their amazing target.



£800 Raised

Sunday Lunch

Sunday Lunch at The Belgrave Sands Hotel, our thanks go to the management and staff for their sponsorship and a wonderful meal.



£2900 Raised

Christmas Draw

The THLOF Christmas Draw raised £2900

Would you like to Volunteer?

We are always looking for volunteers and the Butterflies Cafe is in need of extra help.

See the back cover for more details on how to volunteer with THLOF.

£4500 Raised



Joy to the World

The Torbay Singers put on a concert "Joy to the world" at St Matthias Church just before Christmas. The concert was made possible through the generous donation of Pauline Smith, the wine was sponsored by the singers and their partners this enabled the event to raise over £4500. **Our thanks to Pauline and all those who took part.**



£1337 Raised

Fish & Chips

Fish and Chips evening At Hanburys.



£210 Raised

Nepalese Meal

A Nepalese meal at The Nepalese Restaurant, Winner street Paignton raised £210



£1370 Raised



Chorus of Fashion

A Chorus of Fashion hosted by The Grand Hotel. The event was made possible by the kind help of Sainsbury, The Dressing Room and Jane's, not forgetting our wonderful singers and models



Christmas Presents

Just before Christmas members of the League gave presents to patients who were in hospital over Christmas.

Beast from the East!

The hospital soldiered on when the Beast of the East visited" Many staff struggled to get to work and many others were marooned in the hospital but the atmosphere was electric with everyone cooperating cheerfully, patients and staff alike.

Our thanks go to all the staff for their valiant effort in keeping the hospital open.



News from the Hospital...

- Thank you to the league
- Endoscopy Support
- Balancing the Books
- Reducing costs

As always, I need to offer my sincere thanks to the members of the Torbay Hospital League of Friends for their support, and of course for the generosity of those who have given donations and raised money for the League.

The League have generously agreed to support our Endoscopy department, with whom they have had an association for 20 years, in acquiring the next generation of high-tech equipment. This will allow the teams to serve the population of Torbay and South Devon, to make diagnoses earlier and to improve outcomes for patients.

In addition to that major donation the League has continued to support departments throughout the hospital in improving their equipment and the environment for patients using our services. This is particularly welcome as we are in a long phase of austerity which shows no sign of being relaxed.

We are very proud of the services and the care that we offer to our patients and our staff continue to go the extra mile to ensure that care is safeguarded. However it is becoming increasingly difficult to sustain that outstanding care and the support of the League is crucial.

The Trust has had a difficult time over the last 12 months. We entered the present financial year with a requirement to save £40 million to balance the books and maintain our financial independence. That is 10% of our annual turnover and it seemed an almost impossible task. However, through innovation and some considerable pain, we look likely to get very close to that savings target.



Dr Rob Dyer, FRCP
Medical Director

We will not achieve that without reduction in the quality and/or timeliness of service to patients and we are grateful for the patience of our service users.

We know also that we have a similar mountain to climb in the next financial year.

There is an appreciation by the Trust Board that we have to generate income and reduce our costs by a more radical approach in the coming year.

The support of the League of Friends has never been more important. We would not have been able to fund some of the equipment and improvements to the environment in our ageing buildings without the League. Once again we are very grateful to all those who support the League and urge you to continue to do so in the coming year.

Many thanks

Rob Dyer

Medical Director,
Torbay and South Devon NHS Foundation Trust

Lead Medical Director for Devon Sustainability and Transformation Partnership

How you can help...

Become a Friend of the League or an active member and join one of our district teams and receive a twice-yearly newsletter and other mail shots. Email us on info@thlof.co.uk if you are interested.

Thank You Donations...

Donations can be sent to our secretary **Phillip White, Highlyn, 6 Haldon Close, Torquay, TQ1 2NA**

If your donation can be 'gift aided' this will significantly increase the value to the Charity. Please contact the Secretary if you would like a Gift Aid form.

Volunteer

Even a couple of hours a week can make a real difference. Contact the League of Friends office at the Hospital on **01803 654520**

If you would like to become a more active member of the League please consider whether you would like to join one of our District Committees and thereafter help with fund raising or organising League Events.

Please contact the Hon Secretary Phillip White

Leave a legacy

We hope our hospital plays a role in everyone living a long and happy life. Leaving a gift to charity is an amazing way for your generosity to last beyond your own lifetime.

Please ask if you would like to receive our legacy information leaflet.

Or just have a coffee

The Butterflies Café on Level 2 is run by the League and all profits go to supporting our causes. It has a lovely relaxed atmosphere and every cuppa is helping to support the care of the people of Torbay and South Devon.

The Café is open from 9.30am to 4.00pm Monday to Friday.

Events

Everyone is very welcome to join us at any of our fundraising or information events.

Information on any of these events can be obtained by emailing info@thlof.co.uk.

Details will also be in the monthly e-news, nearer the time; so please make sure we have your e-mail address.

We would love to see you.

**16th
MAY**

Coffee Morning

The Imperial Hotel, 10.30am
Tickets £5 from info@thlof.co.uk or level 2

**17th
MAY**

Quiz

The TREC Centre, Torbay Hospital
£2 per head or £12 per team

**21st
MAY**

The Summer Draw

**1st
JULY**

Cream Tea

Also includes the final draw

**26th
AUG**

The Bed Push

Torquay Sea Front



95p in every £1

Donated goes directly to supporting our charitable causes.

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Helping to care...

